

# Fulfilling the Promise of IDEA

Making Music Therapy Happen  
in Public Education

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American Music Therapy  
Association  
2015 Annual Conference  
Thursday, November 12, 2015  
7:30 am to 12:30 pm

# Fulfilling the Promise of IDEA

## Handout

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**Power Point & Handouts**



**[www.RaisingHarmony.com/idea2015](http://www.RaisingHarmony.com/idea2015)**

**Course Evaluation**



**[Bit.ly/amtaCMTEeval](http://Bit.ly/amtaCMTEeval)**

# Learner Objectives

For clients served in public education through the Individual with Disabilities Education Act (IDEA) course participants will learn to:

- I. A. 1. Utilize or develop appropriate referral protocol for population.
- I. C. 3. Draw conclusions and make recommendations based on analysis and synthesis of assessment findings.
- III. A. 6. Adhere to internal and external legal, regulatory, and reimbursement requirements.
- IV. B. 9. Work within a facility's organizational structure, policies, standards, and procedures.

# Agenda

- 0 7:30 – 7:40 Introductions and Course Overview
- 0 7:40 – 8:00 Brief Overview of IDEA (individuals with Disabilities Education Act) *Lecture*
- 0 8:00 - 8:40 Music Therapy services under IDEA- Overview of current practice *Panel*
- 0 8:40 - 9:00 Break
- 0 9:00 - 9:40 Documents supporting Music Therapy provision under IDEA part B *Lecture*
- 0 9:40 - 10:00 Documents supporting Music Therapy provision under IDEA Part C *Lecture*
- 0 10:00 - 10:30 Advocacy *Small group networking and brainstorming*
- 0 10:30 – 10:45 Break
- 0 10:45 – 11:00 Assessment, Eligibility, Referrals and Documentation *Lecture*
- 0 11:00 - 11:20 Funding and Reimbursement *Lecture*
- 0 11:20 – 11:30 Break
- 0 11:30 – 12:00 Creating and sustaining school based Music Therapy programs  
*Small group networking and brainstorming*
- 0 12:00 – 12:10 Future Directions for school based Music Therapy *Panel*
- 0 12:00 – 12:20 Comments, Questions and Sharing
- 0 12:20 – 12:30 Wrap Up and Course Evaluation

<http://idea.ed.gov/>

# **IDEA Overview**

**Individuals with Disabilities  
Education Act**



# IDEA

## Individuals with Disabilities Education Act

### 2004

(Public Law 108-446)

- Final regulations published -
  - August 2006 (Part B for school-aged children)
  - September 2011 (Part C, for babies and toddlers)

0“(1) Disability is a natural part of the human experience and in no way diminishes the right of individuals to participate in or contribute to society. Improving educational results for children with disabilities is an essential element of our national policy of ensuring equality of opportunity, full participation, independent living, and economic self-sufficiency for individuals with disabilities.”

0(Public Law 108-446 [www.ed.gov](http://www.ed.gov)).



## “(d) PURPOSES.

—The purposes of this title are—

- “(1)(A) to ensure that all children with disabilities have available to them a free appropriate public education that emphasizes special education and related services designed to meet their unique needs and prepare them for further education , employment, and independent living;

- “(B) to ensure that the rights of children with disabilities and parents of such children are protected; and
- “(C) to assist States, localities, educational service agencies, and Federal agencies to provide for the education of all children with disabilities;

# Individuals with Disabilities Act

## IDEA Part C

- “to enhance the development of infants and toddlers with disabilities, to minimize their potential for developmental delay, and to recognize the significant brain development that occurs during a child’s first 3 years of life.”
- “to enhance the capacity of families to meet the special needs of their infants and toddlers with disabilities;”

- TITLE I / C / 631 (a) (1)
- <http://idea.ed.gov>

# IDEA

## Individuals with Disabilities

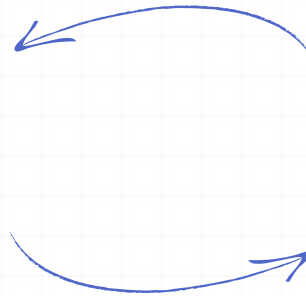
### Education Act 2004 (Public Law 108-446)

#### Part B

- 0 3 – 22
- 0 Free, appropriate education
- 0 Individualized Education Program (IEP)
- 0 Least restrictive environment
- 0 Access to education
- 0 Special education
- 0 Related services

#### Part C

- 0 Birth – 3
- 0 Address developmental delays
  - 0 Physical
  - 0 Cognitive
  - 0 Communication
  - 0 Social/Emotional
  - 0 Self-help
- 0 Individualized Family Service Plan (IFSP)
- 0 Natural environment
- 0 Services to meet developmental needs of the child or the family



[americaneg.vo.llnwd.net/o16/musictherapy/parent\\_info\\_iep.mp3](http://americaneg.vo.llnwd.net/o16/musictherapy/parent_info_iep.mp3)

# Music Therapy in Special Education

Many Paths

One Goal

# Music Therapy in Special Education

- Programmatic
    - Self-contained classes
    - Inclusion collaboration
    - Support service
  - Direct Service
    - Related service
      - Individual pull out
      - Individual in group
      - Individual push-in
    - Consultation
  - Staff Development
    - In-service training
    - Consultation
- Programmatic
  - Direct Service
  - Staff Development

# **IDEA Part B - Preschool and School Age**

**O**Programmatic

**O**Related Service

**O**Consultation



# Programmatic Music Therapy

- Direct Service- Groups
- Direct Service- Individual
- Therapeutic Co-treatment
- Educational Support
- Music Education

# Programmatic Music Therapy

- Direct Service- Groups
- Direct Service- Individual
- Therapeutic Co-treatment
- Educational Support
- Music Education

# Programmatic Music Therapy

0 Operating Budget

0 Grants

0 State or LEA determines  
occupational regulations

# Programmatic Music Therapy

- O LEA determines documentation
- O Access to regular curriculum including music education
- O Music Therapy not mandated

# Related Service Music Therapy

“required to assist a child with a disability to benefit from special education in order for the child to receive FAPE [Free Appropriate Public Education].”

# IDEA Related Service

0 Each child with a disability may not require all of the related services listed above. Furthermore, the list of related services is not exhaustive and may include other developmental, corrective, or supportive services if they are required to assist a child with a disability to benefit from special education. Examples include artistic and cultural programs, art, music, and dance therapy.

0 <http://nichcy.org/schoolage/iep/iepcontents/relatedservices>

# Related Service Music Therapy

0 Direct Service – Individual

0 Direct Service – Small Group

0 Consultation



# Related Service Music Therapy

- Determined by assessment
- Mandated
- Reimbursable

# Related Service Eligibility Process

- 0 Child is Identified As possibly needing service
- 0 Child is Evaluated
- 0 Eligibility is decided
- 0 Child is found eligible/not eligible
- 0 IEP Meeting is scheduled
- 0 IEP Meeting is Held/ IEP is written
- 0 Services are provided
- 0 Progress is measured and Reported to Parents
- 0 IEP is reviewed
- 0 Child is reevaluated

# Music Therapy Consultation

- Direct Service
- Staff Training
- Staff In-Service
- Program Planning
- Materials and Resources
- Family Support

# LEAST RESTRICTIVE ENVIRONMENT

- “(A) IN GENERAL.—To the maximum extent appropriate, children with disabilities, including children in public or private institutions or other care facilities, are educated with children who are not disabled, and special classes, separate schooling, or other removal of children with disabilities from the regular educational environment occurs only when the nature or severity of the disability of a child is such that education in regular classes with the use of supplementary aids and services cannot be achieved satisfactorily.”

[www.musictherapy.org/  
assets/1/7/MT\\_Special\\_  
Ed\\_2006.pdf](http://www.musictherapy.org/assets/1/7/MT_Special_Ed_2006.pdf)

**Music Therapy  
can be provided  
under IDEA Part B**

**Music Therapists can provide  
services under IDEA Part B**



## QUESTIONS AND ANSWERS ON INDIVIDUALIZED EDUCATION PROGRAMS (IEPs), EVALUATIONS, AND REEVALUATIONS

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REVISED JUNE 2010

**Question E-1:** Can artistic and cultural services, such as music therapy, be considered related services under the *IDEA*? If so, are there qualifications in the *IDEA* for personnel to provide such services as related services?

If a child's IEP Team determines that an artistic or cultural service such as music therapy is an appropriate related service for the child with a disability, that related service must be included in the child's IEP under the statement of special education, related services, and supplementary aids and services to be provided to the child or on behalf of the child. 34 CFR §300.320(a)(4). These services are to enable the child to advance appropriately toward attaining the annual goals, to be involved and make progress in the general education curriculum, and to participate in extracurricular and other nonacademic activities, and to be educated and participate with other children with and without disabilities in those activities. 34

E. K. Schwartz LCAT MT-BC

<http://idea.ed.gov/explore/view/p/%2Croot%2Cdynamic%2CQaCorner%2C3%2C>

- September 21, 2015
- Melody Musgrove, the Director of the Office of Special Education Programs (OSEP), which is in the U.S. Department of Education's Office of Special Education and Rehabilitative Services, shared an email with AMTA National Office that went to all state directors of special education affirming support of music therapy as a related service under IDEA.



# New York State Clarification



THE STATE EDUCATION DEPARTMENT / THE UNIVERSITY OF THE STATE OF NEW YORK / ALBANY, NY 12234

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OFFICE OF P-12 EDUCATION: Office of Special Education  
COORDINATOR SPECIAL EDUCATION POLICY AND PROFESSIONAL DEVELOPMENT  
Room 309 EB, 89 Washington Avenue • Albany, NY 12234  
[www.p12.nysed.gov/specialed/](http://www.p12.nysed.gov/specialed/)

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to benefit from special education. In accordance with section 200.4(d)(2)(v) of the Regulations of the Commissioner of Education, if a student's CSE determines that a service such as music therapy is an appropriate related service for the student, this recommendation would be indicated under the statement of the "Recommended Special Education Programs and Services" that will be provided for the student. On the New York State IEP form, related services recommendations that are not included in the list of drop-down related service options would be written in the text box that follows the list (*IEP Topic and Question Index*, <http://www.p12.nysed.gov/specialed/formsnotices/IEP/training/QA-411.pdf>, see Question 4 on page 25).

[www.musictherapy.org/  
assets/1/7/MT\\_  
Young\\_Children\\_2006.pdf](http://www.musictherapy.org/assets/1/7/MT_Young_Children_2006.pdf)

# Music Therapy can be provided under IDEA Part C

Music Therapists can provide  
services under IDEA Part C

# Music Therapy in Early Intervention

- Direct Service

- Related service

- Family groups

- Consultation

- Staff Development

- In-service training

- Consultation

- Direct Service

- Staff Development

# IDEA Part C Regulations

- Section 303.13(d) clearly conveys that the early intervention services identified in §303.13(b) are not an exhaustive list and may include other developmental, corrective, or supportive services that meet the needs of a child as determined by the IFSP Team, provided that the services meet the criteria identified in §303.13(a) and the applicable State's definition of early intervention services.
- *However, adding new definitions of additional services identified by the commenters, such as music therapy and respite care, is not necessary.*
- Federal Register, September 28, 2011, pgs. 60146-60147)



[www.musictherapy.org/  
faq/#51](http://www.musictherapy.org/faq/#51)

**Music Therapy  
can be FUNDED  
under IDEA  
Music Therapists can  
be funded under IDEA**

# Allowable Uses of Funds

IDEA Part B funds may be used for the following expenditures which are not also included in the tuition rate:

- Art and music therapies by part-time staff or contract services;
- To provide professional development that focuses on improving outcomes for students with disabilities.

• <http://www.p12.nysed.gov/specialed/finance/2012-13-IDEAapplicationMemo.htm>

# Who can provide music therapy under IDEA?

Occupational regulations are  
determined at the state  
government level.

[www.musictherapy.org/  
assets/1/7/  
bib\\_Special\\_Education.pdf](http://www.musictherapy.org/assets/1/7/bib_Special_Education.pdf)



## **QUESTIONS AND ANSWERS ON INDIVIDUALIZED EDUCATION PROGRAMS (IEPs), EVALUATIONS, AND REEVALUATIONS**

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REVISED JUNE 2010

provisional basis. 34 CFR §300.156(b)(2)(ii). Therefore, if a child's IEP includes an artistic or cultural service such as music therapy as a related service, the SEA would be responsible for ensuring that the child received that service from appropriately and adequately trained personnel, consistent with 34 CFR §300.156(b).

<http://idea.ed.gov/explore/view/p/%2Croot%2Cdynamic%2CQaCorner%2C3%2C>

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# MUSIC THERAPY

# California



- ◆ 433 practicing board-certified music therapists practice in California.
- ◆ 55,500 individuals received music therapy services in 2012.
- ◆ Two universities in California, including a California State University, offer undergraduate and post-graduate degrees in music therapy.
- ◆ 21 out of 188 post degree clinical training sites are in California.
- ◆ 656 special education students are being served through IEPs across 31 school districts.

## Music Therapy Services by County



# Title 5

## California Dept. of Education

### STAFF QUALIFICATIONS

#### § 3051.21. Music Therapy

- 0 (a) According to the Certification Board for Music Therapists “Music therapy is the specialized use of music by a credentialed professional who develops individualized treatment and supportive interventions for people of all ages and ability levels to address their social, communication, emotional, physical, cognitive, sensory and spiritual needs.”
- 0 (b) Music therapy shall be provided only by personnel who hold a Music Therapist – Board Certified credential from the Certification Board for Music Therapists (CBMT) on the completion of all academic and clinical training requirements, and after successfully passing the CBMT National Board Certification Examination.

NOTE: Authority cited: Sections 56100 and 56366.1, Education Code. Reference: Section 56363, Education Code; and 34 C.F.R. Sections 300.34 and 300.156(b)(1).

# Resources

- 0 <http://idea.ed.gov/>
- 0 <http://www.musictherapy.org/policy/grupdate/>
- 0 <http://www2.ed.gov/policy/speced/guid/idea/iep-qa-2010.pdf>
- 0 <http://www.gpo.gov/fdsys/pkg/FR-2011-09-28/html/2011-22783.htm>
- 0 [www.musictherapy.org](http://www.musictherapy.org) OCT 14, 2011 Music Therapy Matters, Vol. 14, No. 3
- 0 [http://www.musictherapy.org/about/standards/#EDUCATIONAL SETTINGS](http://www.musictherapy.org/about/standards/#EDUCATIONAL_SETTINGS)
- 0 [http://americaneg.vo.llnwd.net/o16/musictherapy/parent info iep.mp3](http://americaneg.vo.llnwd.net/o16/musictherapy/parent%20info%20iep.mp3)
- 0 [www.musictherapy.org/assets/1/7/MT Special Ed 2006.pdf](http://www.musictherapy.org/assets/1/7/MT_Special_Ed_2006.pdf)
- 0 [www.musictherapy.org/faq/#51](http://www.musictherapy.org/faq/#51)
- 0 [www.musictherapy.org/assets/1/7/bib Special Education.pdf](http://www.musictherapy.org/assets/1/7/bib_Special_Education.pdf)
- 0 <http://idea.ed.gov/explore/view/p/%2Croot%2Cdynamic%2CQaCorner%2C3%2C>
- 0 <http://www.p12.nysed.gov/specialed/finance/2012-13-IDEAapplicationMemo.htm>
- 0 [http://www.musictherapy.org/assets/1/7/NYSED Clarification MT as Related Service 2013.pdf](http://www.musictherapy.org/assets/1/7/NYSED_Clarification_MT_as_Related_Service_2013.pdf)
- 0 <http://nichcy.org/schoolage/iep/iepcontents/relatedservices>
- 0

# Questions? Suggestions?

0 Thank you!

## Contact

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2013

Thank you for the opportunity to provide clarification on music therapy as a related service in public education. Students across the country currently benefit from music therapy as part of their Individual Education Plan. The following information gives a brief overview of some of the recent key points about music therapy in schools.

- Music therapy consideration and/or provision as a related service is supported in both statute and regulation of the Individuals with Disabilities Education Act 2004 (IDEA) Part B.  
<http://www2.ed.gov/policy/speced/guid/idea/iep-qa-2010.pdf>  
[http://www.musictherapy.org/assets/1/18/MT\\_and\\_IDEA\\_Regulations\\_2010.pdf](http://www.musictherapy.org/assets/1/18/MT_and_IDEA_Regulations_2010.pdf)
- Music therapy provision as an approved service is supported in both statute and regulation in IDEA 2004 Part C.  
<http://www.gpo.gov/fdsys/pkg/FR-2011-09-28/html/2011-22783.htm>  
[www.musictherapy.org](http://www.musictherapy.org) OCT 14, 2011 Music Therapy Matters, Vol. 14, No. 3
- Music therapy consideration and/or provision as a related service is supported in both statute and regulation of the New York State.
- [http://www.musictherapy.org/assets/1/7/NYSED\\_Clarification\\_MT\\_as\\_Related\\_Service\\_2013.pdf](http://www.musictherapy.org/assets/1/7/NYSED_Clarification_MT_as_Related_Service_2013.pdf)
- <http://www.p12.nysed.gov/specialed/formsnotices/IEP/training/answers-programs.htm>
- Consideration and provision of music therapy as a related service has been upheld by New York State Department of Education Office of Review.  
<http://www.sro.nysed.gov/decisionindex/2004/04-020.htm>
- Current clinical and practice research supports the efficacy of music therapy interventions in assisting children to benefit from their placement in a free, appropriate public education.  
[http://www.musictherapy.org/assets/1/7/bib\\_Special\\_Education.pdf](http://www.musictherapy.org/assets/1/7/bib_Special_Education.pdf)  
[http://www.musictherapy.org/assets/1/7/bib\\_autism10.pdf](http://www.musictherapy.org/assets/1/7/bib_autism10.pdf)
- Music therapists in New York State may be licensed as professional mental health practitioners under the Office of Professions of the State Education Department.  
<http://www.op.nysed.gov/prof/mhp/article163.htm>
- Music therapists in New York State may be nationally certified by the Certification Board for Music Therapy.  
[www.cbmt.org](http://www.cbmt.org)  
[http://mar-amta.org/pdf/unlicense\\_service\\_article\\_163.pdf](http://mar-amta.org/pdf/unlicense_service_article_163.pdf)
- Music therapy education and training assures that music therapists are competent in effectively addressing critical difficulties encountered by students with disabilities in public education.  
[http://www.musictherapy.org/about/standards/#EDUCATIONAL\\_SETTINGS](http://www.musictherapy.org/about/standards/#EDUCATIONAL_SETTINGS)
- Music therapy scope of practice includes music therapy assessment, treatment and evaluation.  
[www.cbmt.org](http://www.cbmt.org) Scope of Practice
- Music therapists are educated and trained to address issues of communication, cognition, regulation, social interaction and motivation through research based interventions and practice.  
<http://www.musictherapy.org/about/musictherapy/>

I would welcome the opportunity to discuss further the educational opportunities that music therapists can bring to students with special needs.



## QUESTIONS AND ANSWERS ON INDIVIDUALIZED EDUCATION PROGRAMS (IEPs), EVALUATIONS, AND REEVALUATIONS

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REVISED JUNE 2010

Regulations for Part B of the *Individuals with Disabilities Education Act (IDEA)* were published in the *Federal Register* on August 14, 2006, and became effective on Oct. 13, 2006. In addition, supplemental Part B regulations were published on Dec. 1, 2008, and became effective on Dec. 31, 2008. Since publication of the regulations, the Office of Special Education and Rehabilitative Services (OSERS) in the U.S. Department of Education (Department) has received requests for clarification of some of these regulations. This is one of a series of question and answer (Q&A) documents prepared by OSERS to address some of the most important issues raised by requests for clarification on a variety of high-interest topics. Each Q&A document will be updated to add new questions and answers as important issues arise, or to amend existing questions and answers as needed.

OSERS issues this Q&A document to provide States, State educational agencies (SEAs), local educational agencies (LEAs), parents, and other stakeholders with information regarding the *IDEA* requirements relating to individualized education programs (IEPs), evaluations, and reevaluations. This Q&A document represents the Department's current thinking on this topic. It does not create or confer any rights for or on any person. This guidance does not impose any requirements beyond those required under applicable law and regulations. This Q&A document supersedes the Department's guidance, entitled: Questions and Answers on Individualized Education Programs (IEPs), Evaluations and Reevaluations, January, 2007.

The revised Part B regulations include significant changes related to:

- (1) IEPs for children with disabilities who transfer from one public agency to another within the same school year;
- (2) allowing IEP Team participants to be excused from attending IEP Team meetings;
- (3) specifying when other agency representatives that are responsible for providing or paying for transition services must be invited to IEP Team meetings;
- (4) parental consent for initial evaluations and reevaluations for determining eligibility for Part B services; and

- (5) timelines for conducting the initial evaluation for determining whether the child qualifies as a child with a disability under Part B of the *IDEA* and what the educational needs of the child are.

Generally, the questions and corresponding answers presented in this Q&A document required interpretation of the *IDEA* and its implementing regulations; the answers are not simply a restatement of the statutory or regulatory requirements. The responses presented in this document generally are informal guidance representing the interpretation of the Department of the applicable statutory or regulatory requirements in the context of the specific facts presented and are not legally binding. The Q&As in this document are not intended to be a replacement for careful study of the *IDEA* and its implementing regulations. The *IDEA*, its implementing regulations, and other important documents related to the *IDEA* and the regulations are found at <http://IDEA.ed.gov/explore/view/p/%2Croot%2Cregs%2C>.

If you are interested in commenting on this guidance, please e-mail your comments to [OSERSguidancecomments@ed.gov](mailto:OSERSguidancecomments@ed.gov) and include IEPs, Evaluations and Reevaluations in the subject of your e-mail, or write to us at the following address:

Patricia Guard  
U.S. Department of Education  
Potomac Center Plaza  
550 12<sup>th</sup> Street, SW, Room 4108  
Washington, DC 20202



## E. RELATED SERVICES

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**Authority:** The requirements for related services are found in 34 CFR §300.34.

**Question E-1:** Can artistic and cultural services, such as music therapy, be considered related services under the *IDEA*? If so, are there qualifications in the *IDEA* for personnel to provide such services as related services?

**Answer:** Related services means transportation and such developmental, corrective, and other supportive services as are required to assist a child with a disability to benefit from special education. Related services can include artistic and cultural services that are therapeutic in nature, regardless of whether the *IDEA* or the Part B regulations identify the particular therapeutic service as a related service. The Department's long-standing interpretation is that the list of related services in the *IDEA* and the Part B regulations is not exhaustive and may include other developmental, corrective, or supportive services (such as artistic and cultural programs, art, music, and dance therapy), if they are required to assist a child with a disability to benefit from special education in order for the child to receive FAPE. As is true regarding consideration of any related service for a child with a disability under Part B of the *IDEA*, the members of the child's IEP Team (which include the parents, school officials, and whenever appropriate, the child with a disability) must make individual determinations in light of each child's unique abilities and needs about whether an artistic or cultural service such as music therapy is required to assist the child to benefit from special education.

If a child's IEP Team determines that an artistic or cultural service such as music therapy is an appropriate related service for the child with a disability, that related service must be included in the child's IEP under the statement of special education, related services, and supplementary aids and services to be provided to the child or on behalf of the child. 34 CFR §300.320(a)(4). These services are to enable the child to advance appropriately toward attaining the annual goals, to be involved and make progress in the general education curriculum, and to participate in extracurricular and other nonacademic activities, and to be educated and participate with other children with and without disabilities in those activities. 34 CFR §300.320(a)(4)(i)-(iii). If the child's IEP specifies that an artistic or cultural service such as music therapy is a related service for the



child, that related service must be provided at public expense and at no cost to the parents. 34 CFR §§300.101 and 300.17.

Regarding the question about personnel qualifications for providers when an artistic or cultural service such as music therapy is considered a related service, Part B of IDEA does not prescribe particular qualifications or credentials for personnel providing special education and related services. Under 34 CFR §300.156(a), each SEA must establish and maintain qualifications to ensure that personnel necessary to carry out the purposes of Part B of the IDEA are appropriately and adequately prepared and trained. This responsibility includes ensuring that the qualifications for related services personnel and paraprofessionals are consistent with any State-approved or State-recognized certification, licensing, registration, or other comparable requirements that apply to the professional discipline in which those personnel are providing special education or related services. 34 CFR §300.156(b)(1). In addition, the SEA must ensure that related services personnel who deliver services in their discipline or profession meet applicable State qualification standards and have not had certification or licensure requirements waived on an emergency, temporary, or provisional basis. 34 CFR §300.156(b)(2)(ii). Therefore, if a child's IEP includes an artistic or cultural service such as music therapy as a related service, the SEA would be responsible for ensuring that the child received that service from appropriately and adequately trained personnel, consistent with 34 CFR §300.156(b).

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**Question E-2:** Is a public agency responsible for paying for mental health services if the IEP Team determines that a child with a disability requires these services to receive FAPE and includes these services in the child's IEP?

**Answer:** The IEP Team for each child with a disability is responsible for identifying the related services that the child needs in order to benefit from special education and receive FAPE. These services must be included in the child's IEP in the statement of special education, related services, and supplementary aids and services, to be provided to, or on behalf of, the child to enable the child to: advance appropriately toward attaining the annual goals, be involved and make progress in the general education curriculum, participate in extracurricular and other nonacademic activities, and be educated and participate with other children with and without disabilities in those activities. 34 CFR §300.320(a)(4)(i)-(iii). Mental

health services provided as a related service must be provided at no cost to the parents. 34 CFR §§300.101 and 300.17.

An IEP Team may consider whether mental health services are provided as counseling services (34 CFR §300.34(c)(2)) or social work services in schools (34 CFR §300.34(c)(14)). Under 34 CFR §300.34(c)(2), counseling services are defined as including services provided by qualified social workers, psychologists, guidance counselors, or other qualified personnel. Under 34 CFR §300.34(c)(14)(ii), social work services in schools includes group or individual counseling for the child and family. However, under 34 CFR §300.34(c)(5), the public agency would not be responsible for paying for mental health services that constitute medical treatment for a child by a licensed physician except to the extent that the services are for diagnostic and evaluation purposes only.

From: "Musgrove, Melody" <Melody.Musgrove@ed.gov>

Date: September 21, 2015 at 11:15:09 AM EDT

Subject: Music Therapy

Dear State Directors:

I am writing to address questions we have received regarding the inclusion of music therapy as a related service under section 602(26) of the Individuals with Disabilities Education Act and §300.34(a) of the Part B regulations. Related services means transportation and such developmental, corrective, and other supportive services as are required to assist a child with a disability to benefit from special education. Attached for your reference is OSEP's June 9, 2000 Letter to Farbman. (Note that Letter to Farbman includes citations to the 1999 Part B regulations.) This letter reiterates the Department's long-standing position that the list of services in the definition of related services is not exhaustive and may include other developmental, corrective, or supportive services (such as artistic and cultural programs, art, music, and dance therapy) if they are required to assist a child with a disability to benefit from special education. If the IEP Team determines that music therapy is an appropriate related service for a child, the Team's determination must be reflected in the IEP, and the service must be provided at public expense and at no cost to the parent. This position was restated in the 2006 Part B regulations at 71 Fed. Reg. 46539, 46569 and in Question E-1 of the document "Questions and Answers On Individualized Education Programs, Evaluations, and Reevaluations" September 2011 available at <http://idea.ed.gov/explore/view/p/%2Croot%2Cdynamic%2CQaCorner%2C3%2C>

If you have any additional questions please do not hesitate to contact me.

All best,

Melody Musgrove, Ed.D.



# American Music Therapy Association

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Tel. (301) 589-3300 • Fax (301) 589-5175 • [www.musictherapy.org](http://www.musictherapy.org)

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## Music Therapy as a Related Service in Special Education

Related services are defined within IDEA under Part B as those services deemed necessary to help a child benefit from special education. Appropriate related services are to be specified in the Individualized Education Program (IEP). A school district is required to supply those services that will enable a child to receive a free and appropriate special education (FAPE). IDEA procedures for IEPs outline that the related services offered are to be based upon the child's needs, not the availability of services.

Music Therapy is an established related service profession in which music is used within a therapeutic relationship to address educational, behavioral, social, psychological, communicative, physical, sensory-motor, and/or cognitive functioning. After assessment of the strengths and needs of each student, qualified music therapists provide indicated interventions and participate as members of the IEP team to support a vast continuum of outcomes.

Qualified music therapists have been providing music therapy as a related service to literally thousands of children with disabilities in every state of the nation over the course of the thirty-seven plus years since the passage of Public Law 94-142.

The **U.S. Department of Education** continues to provide policy guidance regarding recognition of music therapy as a related service under IDEA, most recently in a June 2010 document titled, "Questions and Answers on Individualized Education Programs (IEPs), Evaluations, and Reevaluations." <http://idea.ed.gov/explore/view/p/%2Croot%2Cdynamic%2CQaCorner%2C3%2C>

- Music Therapy is considered a related service under the Individuals with Disabilities Education Act (IDEA).
- When music therapy is deemed necessary to assist a child benefit from his/her special education, goals are documented on the Individualized Education Program (IEP) as a related service intervention.
- Music therapy can be an integral component in helping the child with special needs attain educational goals identified by his/her IEP team.
- Music therapy can offer direct or consultant services as determined by the individual needs of the child.
- Music therapy involvement can stimulate attention and increase motivation to participate more fully in other aspects of the educational setting.
- Music therapy interventions apply the inherent order of music to set behavioral expectations, provide reassurance, and maintain structure for children with special needs.
- Music therapy can adapt strategies to encourage a child's participation in the least restrictive environment.

Hello Elizabeth,

Thank you for contacting NICHCY, the National Dissemination Center for Children with Disabilities. Yes, music therapy **can** be a related service **if** the IEP or IFSP team agrees.

Our Web site [nichcy.org](http://nichcy.org) is a good source of information on disability topics, the education rights of children with disabilities, state specific agencies and organizations, and many other resources. Read about IEP Related Services at <http://nichcy.org/schoolage/iep/iepcontents/relatedservices>. Read about IFSPs at <http://nichcy.org/babies/ifsp#contents>.

Best wishes,

Sarah

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# INDIVIDUALS WITH DISABILITIES EDUCATION ACT (IDEA) PART C FINAL REGULATIONS

On September 6, 2011, the U.S. Department of Education announced the release of the final regulations for the early intervention program under Part C of the Individuals with Disabilities Education Act (IDEA). Many of you may recall when the draft IDEA Part C Regulations were initially posted in 2006, AMTA led a call-to-action for members and advocates to submit comments requesting the specific listing of music therapy as a recognized service in early intervention. Although the Department did not create a new listing of music therapy, a response published in the Federal Register clearly indicates music therapy can qualify as an early intervention service under IDEA Part C.

*Additionally, many commenters requested that music therapy be included in the definition of early intervention services. . .*

*Discussion: The specific early intervention services that are listed in §303.13(b) are those identified in section 632(4)(E) of the Act... However, as noted in the preamble to the NPRM and in the definition of early intervention services in the regulations, this list is not exhaustive. Specifically, §303.13(d) states that “(t)he services and personnel*

*identified and defined in paragraphs (b) and (c) of this section do not comprise exhaustive lists of the types of services that may constitute early intervention services or the types of qualified personnel that may provide early intervention services.” Further, §303.13(d) states that “[n]othing in this section prohibits the identification in the IFSP of another type of service as an early intervention service provided that the service meets the criteria identified in paragraph (a) of this section.”*

*Section 303.13(d) clearly conveys that the early intervention services identified in §303.13(b) are not an exhaustive list and may include other developmental, corrective, or supportive services that meet the needs of a child as determined by the IFSP Team, provided that the services meet the criteria identified in §303.13(a) and the applicable State’s definition of early intervention services. We added the previous definitions of nursing services and nutritional services to these final regulations because these definitions are defined in the current regulations and relied upon by the field. However, adding new definitions of additional services identified by the commenters, such as music therapy and respite care, is not necessary.*

(Federal Register, September 28, 2011, pgs. 60146-60147)

This clarification that music therapy may be considered an early intervention service under IDEA Part C will hopefully assist families more easily access music therapy services for their young children. ❖



AMERICAN  
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THERAPY  
ASSOCIATION

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## COMBATING AUTISM REAUTHORIZATION ACT OF 2011

President Obama recently signed into law the Combating Autism Reauthorization Act (CARA) of 2011. This legislation, originally enacted in 2006, provides multiple supports and resources for individuals diagnosed with autism spectrum disorders. CARA was sponsored by Rep. Chris Smith (R-NJ) and Rep. Mike Doyle (D-PA) in the House of Representatives and Sen. Robert Menendez (D-NJ) and Sen. Mike Enzi (R-WY) in the Senate. Although passage required significant advocacy from families and professionals across the country, CARA passed unanimously in both the House and Senate despite the on-going debate regarding the federal budget. The new law continues the federal government’s commitment to autism research, services and treatment at current levels, authorizing \$693 million over the next three years. The original act provided nearly \$945 million over five years.

community settings, and must be consistent with the provisions of § 303.126.

(Authority: 20 U.S.C. 1432, 1435, 1436)

**§ 303.27 Parent.**

(a) *Parent* means—

(1) A biological or adoptive parent of a child;

(2) A foster parent, unless State law, regulations, or contractual obligations with a State or local entity prohibit a foster parent from acting as a parent;

(3) A guardian generally authorized to act as the child's parent, or authorized to make early intervention, educational, health or developmental decisions for the child (but not the State if the child is a ward of the State);

(4) An individual acting in the place of a biological or adoptive parent (including a grandparent, stepparent, or other relative) with whom the child lives, or an individual who is legally responsible for the child's welfare; or

(5) A surrogate parent who has been appointed in accordance with § 303.422 or section 639(a)(5) of the Act.

(b)(1) Except as provided in paragraph (b)(2) of this section, the biological or adoptive parent, when attempting to act as the parent under this part and when more than one party is qualified under paragraph (a) of this section to act as a parent, must be presumed to be the parent for purposes of this section unless the biological or adoptive parent does not have legal authority to make educational or early intervention service decisions for the child.

(2) If a judicial decree or order identifies a specific person or persons under paragraphs (a)(1) through (a)(4) of this section to act as the "parent" of a child or to make educational or early intervention service decisions on behalf of a child, then the person or persons must be determined to be the "parent" for purposes of part C of the Act, except that if an EIS provider or a public agency provides any services to a child or any family member of that child, that EIS provider or public agency may not act as the parent for that child.

(Authority: 20 U.S.C. 1401(23), 1439(a)(5))

**§ 303.28 Parent training and information center.**

*Parent training and information center* means a center assisted under section 671 or 672 of the Act.

(Authority: 20 U.S.C. 1401(25))

**§ 303.29 Personally identifiable information.**

*Personally identifiable information* means personally identifiable information as defined in 34 CFR 99.3, as amended, except that the term

"student" in the definition of personally identifiable information in 34 CFR 99.3 means "child" as used in this part and any reference to "school" means "EIS provider" as used in this part.

(Authority: 20 U.S.C. 1415, 1439)

**§ 303.30 Public agency.**

As used in this part, *public agency* means the lead agency and any other agency or political subdivision of the State.

(Authority: 20 U.S.C. 1435(a)(10))

**§ 303.31 Qualified personnel.**

*Qualified personnel* means personnel who have met State approved or recognized certification, licensing, registration, or other comparable requirements that apply to the areas in which the individuals are conducting evaluations or assessments or providing early intervention services.

(Authority: 20 U.S.C. 1432(4)(F))

**§ 303.32 Scientifically based research.**

*Scientifically based research* has the meaning given the term in section 9101(37) of the Elementary and Secondary Education Act of 1965, as amended (ESEA). In applying the ESEA to the regulations under part C of the Act, any reference to "education activities and programs" refers to "early intervention services."

(Authority: 20 U.S.C. 1435(a)(2))

**§ 303.33 Secretary.**

*Secretary* means the Secretary of Education.

(Authority: 20 U.S.C. 1401(28))

**§ 303.34 Service coordination services (case management).**

(a) *General.* (1) As used in this part, *service coordination services* mean services provided by a service coordinator to assist and enable an infant or toddler with a disability and the child's family to receive the services and rights, including procedural safeguards, required under this part.

(2) Each infant or toddler with a disability and the child's family must be provided with one service coordinator who is responsible for—

(i) Coordinating all services required under this part across agency lines; and  
(ii) Serving as the single point of contact for carrying out the activities described in paragraphs (a)(3) and (b) of this section.

(3) Service coordination is an active, ongoing process that involves—

(i) Assisting parents of infants and toddlers with disabilities in gaining access to, and coordinating the provision of, the early intervention services required under this part; and

(ii) Coordinating the other services identified in the IFSP under § 303.344(e) that are needed by, or are being provided to, the infant or toddler with a disability and that child's family.

(b) *Specific service coordination services.* Service coordination services include—

(1) Assisting parents of infants and toddlers with disabilities in obtaining access to needed early intervention services and other services identified in the IFSP, including making referrals to providers for needed services and scheduling appointments for infants and toddlers with disabilities and their families;

(2) Coordinating the provision of early intervention services and other services (such as educational, social, and medical services that are not provided for diagnostic or evaluative purposes) that the child needs or is being provided;

(3) Coordinating evaluations and assessments;

(4) Facilitating and participating in the development, review, and evaluation of IFSPs;

(5) Conducting referral and other activities to assist families in identifying available EIS providers;

(6) Coordinating, facilitating, and monitoring the delivery of services required under this part to ensure that the services are provided in a timely manner;

(7) Conducting follow-up activities to determine that appropriate part C services are being provided;

(8) Informing families of their rights and procedural safeguards, as set forth in subpart E of this part and related resources;

(9) Coordinating the funding sources for services required under this part; and

(10) Facilitating the development of a transition plan to preschool, school, or, if appropriate, to other services.

(c) *Use of the term service coordination or service coordination services.* The lead agency's or an EIS provider's use of the term *service coordination or service coordination services* does not preclude characterization of the services as case management or any other service that is covered by another payor of last resort (including Title XIX of the Social Security Act—Medicaid), for purposes of claims in compliance with the requirements of §§ 303.501 through 303.521 (Payor of last resort provisions).

(Authority: 20 U.S.C. 1432(4), 1435(a)(4), 1436(d)(7), 1440)



toddler with a disability and the child's family to receive early intervention services.

(17) *Vision services* mean—

(i) Evaluation and assessment of visual functioning, including the diagnosis and appraisal of specific visual disorders, delays, and abilities that affect early childhood development;

(ii) Referral for medical or other professional services necessary for the habilitation or rehabilitation of visual functioning disorders, or both; and

(iii) Communication skills training, orientation and mobility training for all environments, visual training, and additional training necessary to activate visual motor abilities.

(c) *Qualified personnel*. The following are the types of qualified personnel who provide early intervention services under this part:

- (1) Audiologists.
- (2) Family therapists.
- (3) Nurses.
- (4) Occupational therapists.
- (5) Orientation and mobility

specialists.

(6) Pediatricians and other physicians for diagnostic and evaluation purposes.

(7) Physical therapists.

(8) Psychologists.

(9) Registered dietitians.

(10) Social workers.

(11) Special educators, including teachers of children with hearing impairments (including deafness) and teachers of children with visual impairments (including blindness).

(12) Speech and language pathologists.

(13) Vision specialists, including ophthalmologists and optometrists.

(d) *Other services*. The services and personnel identified and defined in paragraphs (b) and (c) of this section do not comprise exhaustive lists of the types of services that may constitute early intervention services or the types of qualified personnel that may provide early intervention services. Nothing in this section prohibits the identification in the IFSP of another type of service as an early intervention service provided that the service meets the criteria identified in paragraph (a) of this section or of another type of personnel that may provide early intervention services in accordance with this part, provided such personnel meet the requirements in § 303.31.

(Authority: 20 U.S.C. 1432(4))

### § 303.14 Elementary school.

*Elementary school* means a nonprofit institutional day or residential school, including a public elementary charter school, that provides elementary education, as determined under State law.

(Authority: 20 U.S.C. 1401(6))

### § 303.15 Free appropriate public education.

*Free appropriate public education* or *FAPE*, as used in §§ 303.211, 303.501, and 303.521, means special education and related services that—

(a) Are provided at public expense, under public supervision and direction, and without charge;

(b) Meet the standards of the State educational agency (SEA), including the requirements of part B of the Act;

(c) Include an appropriate preschool, elementary school, or secondary school education in the State involved; and

(d) Are provided in conformity with an individualized education program (IEP) that meets the requirements of 34 CFR 300.320 through 300.324.

(Authority: 20 U.S.C. 1401(9))

### § 303.16 Health services.

(a) *Health services* mean services necessary to enable an otherwise eligible child to benefit from the other early intervention services under this part during the time that the child is eligible to receive early intervention services.

(b) The term includes—

(1) Such services as clean intermittent catheterization, tracheostomy care, tube feeding, the changing of dressings or colostomy collection bags, and other health services; and

(2) Consultation by physicians with other service providers concerning the special health care needs of infants and toddlers with disabilities that will need to be addressed in the course of providing other early intervention services.

(c) The term does not include—

(1) Services that are—

(i) Surgical in nature (such as cleft palate surgery, surgery for club foot, or the shunting of hydrocephalus);

(ii) Purely medical in nature (such as hospitalization for management of congenital heart ailments, or the prescribing of medicine or drugs for any purpose); or

(iii) Related to the implementation, optimization (e.g., mapping), maintenance, or replacement of a medical device that is surgically implanted, including a cochlear implant.

(A) Nothing in this part limits the right of an infant or toddler with a disability with a surgically implanted device (e.g., cochlear implant) to receive the early intervention services that are identified in the child's IFSP as being needed to meet the child's developmental outcomes.

(B) Nothing in this part prevents the EIS provider from routinely checking

that either the hearing aid or the external components of a surgically implanted device (e.g., cochlear implant) of an infant or toddler with a disability are functioning properly;

(2) Devices (such as heart monitors, respirators and oxygen, and gastrointestinal feeding tubes and pumps) necessary to control or treat a medical condition; and

(3) Medical-health services (such as immunizations and regular "well-baby" care) that are routinely recommended for all children.

(Authority: 20 U.S.C. 1432(4))

### § 303.17 Homeless children.

*Homeless children* means children who meet the definition given the term *homeless children and youths* in section 725 (42 U.S.C. 11434a) of the McKinney-Vento Homeless Assistance Act, as amended, 42 U.S.C. 11431 *et seq.*

(Authority: 20 U.S.C. 1401(11))

### § 303.18 Include; including.

*Include* or *including* means that the items named are not all of the possible items that are covered, whether like or unlike the ones named.

(Authority: 20 U.S.C. 1221e-3)

### § 303.19 Indian; Indian tribe.

(a) *Indian* means an individual who is a member of an Indian tribe.

(b) *Indian tribe* means any Federal or State Indian tribe, band, rancheria, pueblo, colony, or community, including any Alaska Native village or regional village corporation (as defined in or established under the Alaska Native Claims Settlement Act, 43 U.S.C. 1601 *et seq.*).

(c) Nothing in this definition is intended to indicate that the Secretary of the Interior is required to provide services or funding to a State Indian Tribe that is not listed in the **Federal Register** list of Indian entities recognized as eligible to receive services from the United States, published pursuant to section 104 of the Federally Recognized Indian Tribe List Act of 1994, 25 U.S.C. 479a-1.

(Authority: 20 U.S.C. 1401(12)-(13))

### § 303.20 Individualized family service plan.

*Individualized family service plan* or *IFSP* means a written plan for providing early intervention services to an infant or toddler with a disability under this part and the infant's or toddler's family that—

(a) Is based on the evaluation and assessment described in § 303.321;

(b) Includes the content specified in § 303.344;

(c) Is implemented as soon as possible once parental consent for the early



early intervention service provided that the service meets the criteria identified in paragraph (a) of this section.”

Section 303.13(d) clearly conveys that the early intervention services identified in § 303.13(b) are not an exhaustive list and may include other developmental, corrective, or supportive services that meet the needs of a child as determined by the IFSP Team, provided that the services meet the criteria identified in § 303.13(a) and the applicable State’s definition of early intervention services. We added the previous definitions of nursing services and nutritional services to these final regulations because these definitions are defined in the current regulations and relied upon by the field. However, adding new definitions of additional services identified by the commenters, such as music therapy and respite care, is not necessary.

**Changes:** We have added new § 303.13(b)(6) to define nursing services to include the assessment of health status for the purpose of providing nursing care, including the identification of patterns of human response to actual or potential health problems; the provision of nursing care to prevent health problems, restore or improve functioning, and promote optimal health and development; and the administration of medications, treatments, and regimens prescribed by a licensed physician.

We have also added new § 303.13(b)(7) to define nutrition services to include: (i) Conducting individual assessments in nutritional history and dietary intake; anthropometric, biochemical, and clinical variables; feeding skills and feeding problems; and food habits and food preferences; (ii) developing and monitoring appropriate plans to address the nutritional needs of children eligible under this part, based on the findings in paragraph (b)(7)(i) of this section; and (iii) making referrals to appropriate community resources to carry out nutrition goals. Subsequent definitions have been renumbered accordingly.

#### Types of Early Intervention Services—Assistive Technology Device and Service (§ 303.13(b)(1))

**Comment:** Two commenters recommended that we modify the definition of *assistive technology device* to include the language from the preamble of the NPRM that, under certain circumstances, part C funds may be used to pay for a hearing aid.

Another commenter requested that the Department explicitly state in the regulations or in a memorandum or policy letter issued to part C lead agencies that hearing aids and

appropriate related audiological services may be considered, under certain circumstances, an appropriate early intervention service and an assistive technology device.

**Discussion:** The definition of *assistive technology device* does not identify specific devices; including an exhaustive list of assistive technology devices in the definition would not be practical. Whether a hearing aid or an appropriate related audiological service is considered an assistive technology device or an early intervention service, respectively, for an infant or toddler with a disability depends on whether the device or service is used to increase, maintain, or improve the functional capabilities of the child and whether the IFSP Team determines that the infant or toddler needs the device or service in order to meet his or her specific developmental outcomes. Therefore, we have not revised this definition.

**Changes:** None.

**Comment:** Several commenters requested further clarification of the definition of *assistive technology device and service* in § 303.13(b)(1). These commenters stated that the definition should be revised to specifically exclude prosthetic limbs because these are personal devices for daily use.

**Discussion:** The definition of *assistive technology device and service* in § 303.13(b)(1) aligns with the definitions of those terms in section 602(1) and (2) of the Act and 34 CFR 300.5 and 300.6 of the part B regulations. These definitions provide sufficient clarity about what types of devices or technologies are included in the definition and, therefore, indicating that a specific device or technology is excluded is unnecessary. Additionally, we note that, while part C lead agencies are not responsible for providing personal devices meant for daily or personal use, such as eyeglasses, hearing aids, or prosthetic limbs, to an infant or toddler with a disability, these devices may be an early intervention service if the device is not surgically implanted (§ 303.13(b)(1)(i) specifically excludes medical devices that are surgically implanted), and the IFSP Team determines that the infant or toddler with a disability requires such a personal device to meet the unique developmental needs of that infant or toddler.

**Changes:** None.

**Comment:** One commenter recommended that we modify the definition of *assistive technology device and service* to be consistent with the Assistive Technology Act (Pub. L. 105–394).

**Discussion:** The definitions of *assistive technology device and service* in § 303.13(b)(1) align with section 602(1) and (2) of the Act. The definitions in section 602(1)(A) and (2) of the Act are substantially similar to the definitions of assistive technology device and assistive technology service in section 3(3) and (4) of the Assistive Technology Act of 1998 (Pub. L. 105–394) (AT Act), but the language in section 602 of the Act is more specific to the needs of children with disabilities. Furthermore, unlike the AT Act, section 602(1)(B) of the Act expressly excludes from the definition of assistive technology device those medical devices that are surgically implanted or the replacement of such devices. Thus, while the definitions are similar, it is not appropriate to include in these regulations the specific language from the AT Act.

**Changes:** None.

**Comment:** A few commenters supported our clarification in the preamble to the NPRM that the optimization (e.g., mapping) of surgically implanted medical devices is not the responsibility of the lead agency or the EIS program.

Many commenters, however, opposed our proposal to exclude optimization (e.g., mapping) of surgically implanted medical devices, including cochlear implants, from the definition of *assistive technology device*. Commenters stated that excluding optimization (e.g., mapping) of surgically implanted medical devices, including cochlear implants, from the types of early intervention services that could be provided under the Act contradicts the intent of Congress. Many of these commenters also stated that excluding optimization (e.g., mapping) services from the definition of *assistive technology device* would preclude funding of these services under this part and thus some infants and toddlers with cochlear implants would not receive mapping services, ultimately jeopardizing their ability to hear and learn. Another commenter suggested that setting and evaluating a surgically implanted medical device, particularly a cochlear implant, is the same as setting a listening device, which is a covered service.

**Discussion:** The term “mapping” refers to the optimization of a cochlear implant, and more specifically, to adjusting the electrical stimulation levels provided by the cochlear implant that are necessary for long-term post-surgical follow-up of a cochlear implant. Although the cochlear implant must be mapped properly for the child to hear well while receiving early intervention



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August 8, 2013

Elizabeth K. Schwartz LCAT MT-BA  
Alternatives for Children, Music Therapy Program  
14 Research Way  
Setauket, New York 11733

Dear Ms. Schwartz:

I am writing in response to July 29, 2013 letter regarding consideration of music therapy as a related service on a student's individualized education program (IEP). In your letter, you indicated that you had been provided clarification from the Department via email in the fall of 2011 regarding music therapy as a related service, but are now requesting this information on official letterhead.

"Related services" are defined in section 200.1(qq) of the Regulations of the Commissioner of Education as "developmental, corrective, and other supportive services as are required to assist a student with a disability and includes speech-language pathology, audiology services, interpreting services, psychological services, physical therapy, occupational therapy, counseling services, including rehabilitation counseling services, orientation and mobility services, medical services as defined in this section, parent counseling and training, school health services, school nurse services, school social work, assistive technology services, appropriate access to recreation, including therapeutic recreation, other appropriate developmental or corrective support services, and other appropriate support services and includes the early identification and assessment of disabling conditions in students..." (<http://www.p12.nysed.gov/specialed/lawsregs/sect200.1.htm>).

The list of related services in section 200.1(qq) of the Regulations is not exhaustive and may include other developmental, corrective, or supportive services (such as music therapy), if they are required to assist a student with a disability to benefit from special education in order for the student to receive a free appropriate public education. The members of the student's committee on special education (CSE) must make an individual determination, in light of each student's unique abilities and needs, about whether a service such as music therapy is needed to assist the student to benefit from special education. In accordance with section 200.4(d)(2)(v) of the Regulations of the Commissioner of Education, if a student's CSE determines that a service such as music therapy is an appropriate related service for the student, this



recommendation would be indicated under the statement of the "Recommended Special Education Programs and Services" that will be provided for the student. On the New York State IEP form, related services recommendations that are not included in the list of drop-down related service options would be written in the text box that follows the list (*IEP Topic and Question Index*, <http://www.p12.nysed.gov/specialed/formsnotices/IEP/training/QA-411.pdf>, see Question 4 on page 25).

Additional information regarding related services can be found in the *Continuum of Special Education Services for School-Age Students with Disabilities* (<http://www.p12.nysed.gov/specialed/publications/policy/schoolagecontinuum.pdf>), and the *Guide to Quality Individualized Education Program (IEP) Development and Implementation* (Revised December 2010) (<http://www.p12.nysed.gov/specialed/publications/iepguidance/IEPguideDec2010.pdf>). Written guidance regarding related services under the Individuals with Disabilities Education Act (IDEA) is also available at the U.S. Department of Education's *Building the Legacy: IDEA 2004* website <http://idea.ed.gov/explore/view/pl%2Croot%2Cdynamic%2CQaCorner%2C3%2C>, see question E-1)

Thank you for contacting the New York State Education Department. I hope this provides the clarification you need. If you have questions or concerns about a specific school district's policies and practices or about a specific student, you may wish to contact the Special Education Quality Assurance (SEQA) Long Island Regional Office at (631) 952-3352 and speak to the Regional Associate assigned to the school district in question.

Sincerely,



Patricia J. Geary

c: Joanne LaCrosse  
Eileen Taylor



## Special Education

### Questions and Answers on Individualized Education Program (IEP) Development, The State's Model IEP Form and Related Documents

#### Recommended Special Education Programs And Services - Updated April 2011

The following questions and answers address some of the important issues raised by requests for clarification of the federal and State requirements for IEPs. This document will periodically be updated. This guidance does not impose any requirements beyond those required under applicable law and regulations. This document supersedes any previously issued guidance on this topic.

If you have questions regarding the IEP form and related requirements, you may submit them to the following mailbox: [SEFORMS@mail.nysed.gov](mailto:SEFORMS@mail.nysed.gov).

- 1. Page 13 in Attachment 3: General Directions to Use the State's Model IEP, Recommended Special Education Programs and Services section, provides examples of how integrated co-teaching, CT services and resource room program could be listed. Does the example provided meet the State's regulations for minimum level of service requirement for resource room and consultant teacher?**

The example included a typographical error and has since been corrected.

- 2. Why is it that "teacher of the visually impaired" and "teacher of the deaf" are not included in the drop-down option list of related services?**

Teachers of the visually impaired and teachers of the deaf are individuals who provide specific services. There is no regulatory requirement that an IEP identify the qualifications of the individual providing services to a student.

- 3. Where can additional information be found about special education services and programs included within the continuum?**

The following is a link to the April 2008 Policy Memorandum entitled Continuum of Special Education Services for School-Age Students with Disabilities:

<http://www.p12.nysed.gov/specialed/publications/policy/schoolagecontinuum.html>.

For information on the preschool continuum of services, see

<http://www.p12.nysed.gov/specialed/publications/preschool/guide/>.

- 4. In the Recommended Special Education Programs and Services section of the State IEP form, could "Music Therapy" be an option to write in the text box that follows the list of drop-down related service options?**

Yes, if recommended by the Committee.

- 5. Do speech and language services have to be a minimum of two 30-minute sessions per week during the Extended School Year Program?**

No. The Regulations of the Commissioner of Education were amended, effective December 8, 2010, to repeal the requirement that such services be provided for a minimum of two 30-minute sessions each week. (Revised 3/11)

that, following the development of an IEP in which CT services are recommended, the general education teachers of the student for whom the service will be provided must be given the opportunity to participate in the instructional planning process with the CT to discuss the objectives and to determine the methods and schedules for such services. Therefore, there is no requirement that the IEP specify separately the frequency and duration of direct versus indirect consultant teacher services.

**17. Does the minimum number of hours for CT services include both direct and indirect services?**

Yes. The minimum number of hours for CT services, two hours per week, applies to direct and indirect services, in any combination.

**18. May school districts continue to use other terms to identify integrated co-teaching services in a student's IEP?**

No. It is required that all districts use the term "integrated co-teaching", consistent with the regulatory requirements, so that the level of services to be provided to a student is clear and consistent among school districts. To clarify for parents that a previously recommended service means the same as integrated co-teaching, terms such as collaborative team teaching (CTT), blended class or inclusion class may also be indicated in the IEP. For example:

Recommended Special Education Programs and Services					
Special Education Program and Services	Service Delivery recommendations	Frequency How often provided	Duration Length of session	Location Where service will be provided	Projected Beginning/Service Date
Special Education program					
Integrated co-teaching services (Collaborative Team teaching)		5 days a week	40 minute class periods	English	

**19. What specific information must be in the IEP to specify the class size?**

Class size means the maximum number of students who can receive instruction together in a special class or resource room program and the number of teachers and supplementary school personnel (i.e., teaching assistants and/or teacher aides) assigned to the class. For example, the IEP could specify: 12 students to one special education teacher and one teaching assistant (12:1+1).

**20. What types of services are included in the definition of related services?**

Related services means developmental, corrective, and other supportive services as are required to assist a student with a disability and includes speech-language pathology, audiology services, interpreting services, psychological services, PT, OT, counseling services, including rehabilitation counseling services, orientation and mobility services, evaluative and diagnostic medical services to determine if the student has a medically related disability, parent counseling and training, school health services, school nurse services, school social work, assistive technology

services, appropriate access to recreation, including therapeutic recreation, other appropriate developmental or corrective support services, and other appropriate support services and includes the early identification and assessment of disabling conditions in students. This list is not exhaustive and may include other developmental, corrective or supportive services if they are required to assist a student with a disability to benefit from special education in order for the student to receive FAPE.

**21. Regarding parent training and education – what is it and where does it go in the IEP? Can parent training and education be as simple as a list of resources? Is it a related service? How would frequency, duration and location be indicated for the services?**

Parent counseling and training is a related service and, if recommended for a student, should be listed in the IEP under the IEP form section Related Services. Parent counseling and training means assisting parents in understanding the special needs of their child; providing parents with information about child development; and helping parents to acquire the necessary skills that will allow them to support the implementation of their child’s IEP. Examples include, but are not limited to:

- providing parents with information about cognitive and speech and language development;
- counseling the parents about how to respond at home to a student’s behavior in a manner consistent with the in-school behavior management program;
- training parents to use the same mode of communication (e.g., sign language) the child would be using at school; and
- training on how to operate assistive technology devices at home.

The State’s model IEP form provides a list of drop-down options for related service recommendations. Related service recommendations, including parent counseling and training, require the identification of the frequency, duration, location and projected beginning date (end dates are optional). The chart below illustrates how such service would be documented using the State’s model IEP form.

RECOMMENDED SPECIAL EDUCATION PROGRAMS AND SERVICES					
Special Education Program/Services	Service Delivery Recommendations	Frequency How often provided	Duration Length of session	Location Where service will be provided	Projected Beginning/ Service Date(s)
Related Services Parent Counseling and Training	Group instruction on sign language and use of communication boards	One day/ week for five weeks	60 minutes	School Library	10/5/10 – 11/2/10

**22. Where should student-owned physical or medical equipment be listed in the IEP (such as an augmentative communication device or a wheelchair)?**

If a student needs a particular assistive technology device in order for the student to receive FAPE, this recommendation should be included on the State’s IEP form under Assistive Technology Devices and/or Services. If the district wishes to



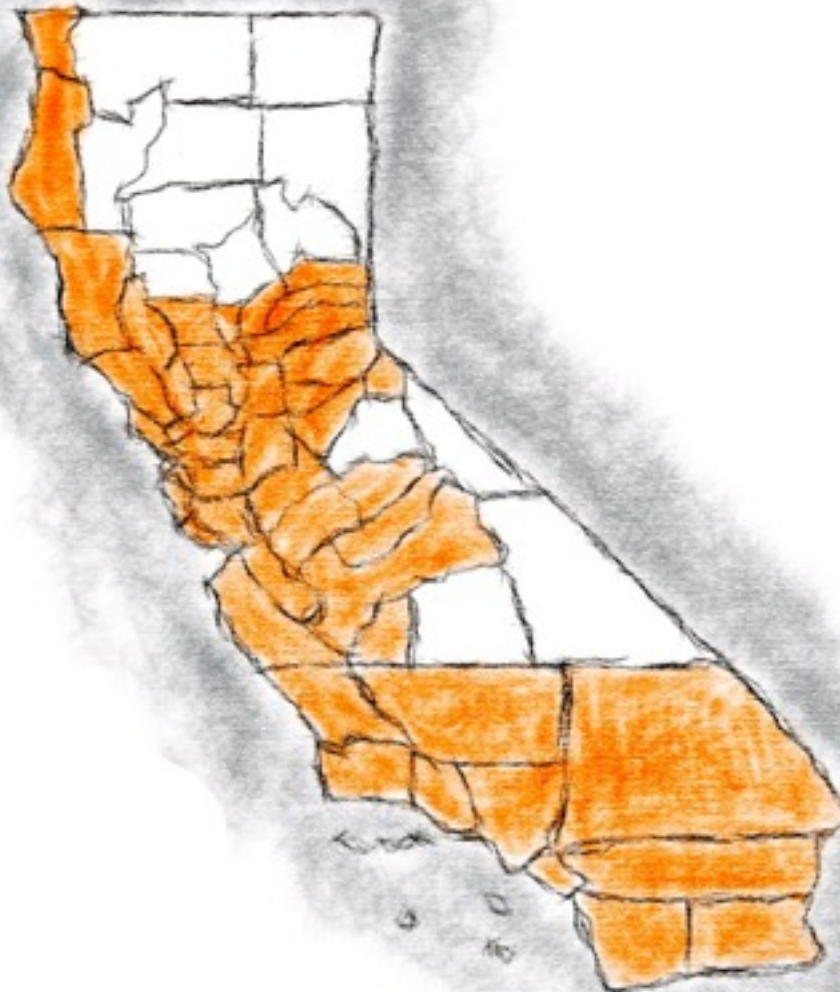
# MUSIC THERAPY

# California



- ◆ *433 practicing board-certified music therapists practice in California.*
- ◆ *55,500 individuals received music therapy services in 2012.*
- ◆ *Two universities in California, including a California State University, offer undergraduate and post-graduate degrees in music therapy.*
- ◆ *21 out of 188 post degree clinical training sites are in California.*
- ◆ *656 special education students are being served through IEPs across 31 school districts.*

## Music Therapy Services by County



## **Background Information Regarding The Proposed Amendment to Title 5, California Code of Regulations, Section 3065-Staff Qualifications-Related Services.**

Whether provided by school district employees or contractors, all IEP-driven services (e.g., music therapy, speech and language pathology, physical therapy, occupational therapy, etc.) are determined by the IEP team. This team knows and understands the unique needs of the child and is legally mandated to include the student, as well as the student's parent(s)/guardian(s), special education teacher, district program specialist(s), other school treatment personnel (e.g., the SLP, OT, PT, MT), psychologists and student evaluators, independent contractors for related services (e.g., music therapy), other pertinent district representatives, and any other person the parent(s)/guardians(s) request. All services, including music therapy, are only incorporated into a child's IEP if the team determines they are **necessary**, not just beneficial, for the child to be successful in his/her educational setting. The language newly recommended by ACSE regarding music therapy aligns this portion of the CA Code with the language in the federal Individuals with Disabilities and Education Act (IDEA).

A few school districts in California employ music therapists, but most music therapists who work in special education serve as independent contractors with affiliated districts or Local Education Areas (LEAs). Contracting music therapy services is often the preferred choice, as school districts consider it to be the most cost-effective route to serve the special education student body currently identified as needing music therapy services. Technically, districts that contract out services to **any** type of provider are required to use providers that are NPA/NPS certified by the Department of Education-Special Education Division. In the past, music therapists were able to easily obtain this NPA certification. While music therapy was not specifically listed in the NPA/NPS regulation language, music therapists were able to secure NPA/NPS certification easily through existing regulatory language that allowed for case-by-case approval by the CDE. However, several years ago, the CDE arbitrarily dispensed with this case-by-case regulatory language without public input, and contractual music therapists that had previously held the NPA/NPS certification were rescinded. This CDE action created a huge discrepancy between employment versus NPA-contractor eligibility that did not and has never existed for professionals in any other discipline, who are more often employed and not contracted. Please note that this is not an issue regarding employment versus contracting. This is about protecting options for the school districts that already exist for all other disciplines (except music therapy) and about protecting the consumers' right to access music therapy services from NPA/NPS providers. The CDE's sudden policy shift created confusion for schools districts in aligning Federal IDEA language with the needs of the special education students receiving music therapy services (656 currently being served and 251 students pending referrals for music therapy assessments across 31 school districts). This confusion continues today. Furthermore, students who have been identified as needing music therapy



in their IEPs must legally receive music therapy. Therefore, the regulations must match this legal obligation set upon a district.

This amendment will do just that. We need to make sure that students receive the music therapy services they deserve and that contracted music therapists can continue their work without hesitation or question. You may notice that the proposed regulation amendment cites the music therapy credential. By doing so, the Department invokes the legally defensible CBMT Scope of Practice regarding what a music therapist does and assures further protection for the consumer that competent and qualified personnel are delivering music therapy services.

The inclusion of MT in this portion of the CA Code echoes other longstanding language throughout other California Code of Regulation Titles (9, 17, 22), state civil service job codes, accrediting bodies, insurance, CPT coding, and more.

Members of the California Music Therapy State Recognition Task Force, in collaboration with the American Music Therapy Association (AMTA) and the Certification Board for Music Therapists (CBMT), have worked diligently over the last few years to get NPA/NPS recognition language re-established in the Title 5 regulations and are more than pleased that it is now specified. A massive amount of people hours, data collection and testimony have occurred to bring us collectively to this point. This regulatory language is a huge step forward in the process of ensuring that children have fair and reasonable access to related services in CA and will help set a precedent for other states. Additionally, the CDE must be held accountable to remain compliant with the Federal IDEA. This regulation amendment will do just that. Your actions will help accomplish this.

**\*Please note---**while a personalized email would be greatly appreciated we understand that your time is limited. Therefore, the portion of the email samples that are bolded/underscored should be in your email communication. Those noted bare-bone sections could be simply cut and pasted into your email along with our suggested Subject Line. Your name and title would be helpful to send. However, if you are willing to spend a little more time in crafting a message here are some samples.

### **INDEX of Email Samples**

Email 1-MT working in special ed/IEP system in CA

Email 2-MTs in general and wish to support

Email 3-Parents/Guardians/Families

Email 4-Associated Professionals/Agencies

Email 5-General Public/Electorate

### **1-Email sample for MTs currently or attempting to work special ed/IEP system in CA**

**Subject Line:** Music Therapy-Public Comment-Title 5, California Code of Regulations Amendments

Dear ACSE Commission Members:

Hello, my name is \_\_\_\_\_ and I am a credentialed, board-certified music therapist (MT-BC) working in the greater \_\_\_\_\_ (insert your primary regional area e.g. Sacramento, Los Angeles, San Diego, San Francisco-Bay area, northern/southern CA). I am currently serving \_\_\_\_\_ (insert number) students in music therapy through IEP goals. Over the past \_\_\_\_\_ (insert number) of years I have contracted with several special education departments and their assigned school districts to provide necessary music therapy assessment and IEP driven services. **I am writing to support your recent Initial Statement of Reasons and proposed regulatory amendments specific to special education and music therapy (Title 5, California Code of Regulations, Section 3065 (I) Staff Qualifications-Related Services (music therapy).**

Qualified music therapists have been providing music therapy as a related service to literally thousands of children with disabilities in every state of the nation over the course of thirty-five years since the passage of Public Law 94-142. Through the use of the nationally recognized SEMTAP (Special Education Music Therapy Assessment Process), Board Certified-credentialed music therapists are able to determine if music therapy is "necessary" to assist a child with a disability within his/her special education. Reported in a November 2012 survey conducted by the American Music Therapy Association (AMTA) and the Certification Board for Music Therapists, Inc (CBMT) there are 433 music therapists in California. As with any therapeutic discipline, these therapists work in a myriad of health and educational settings. Currently, of those music therapists working in special education programs, 31 school districts are serving 656 students via music therapy IEP related services. While a few music therapists work as employees of a given district, the majority of districts do not host a specific Music Therapy department and choose to contract out for music therapy services. This has proven to be their most cost effective route related to the percentage of the CA special education student body currently identified as needing music therapy related services. **Your inclusion of language that defines a qualified music therapist and NPA/NPS contractor remedies any discrepancies between those in-house and contracted music therapists while establishing quality assurance protections for both districts and students.**

Your regulatory language brings the CA Department of Education's Title 5, Code of Regulations into compliance with Federal GSA scheduling and IDEA regulations for a Free Appropriate Public Education (FAPE). Additionally, this amendment mirrors long standing music therapy regulatory language that exists in the CA Welfare and Institution Code; other CA Title Codes, state civil job descriptions and other independent health and education accrediting bodies.

Thank you for your diligence and protecting access to quality related services and specifically, music therapy, for the children of our state.

Signature items---Name, professional credentials, agency if appropriate

### **2-Email sample for MTs in general --not affiliated in work in special education but wish to lend general support**

**Subject Line:** Music Therapy-Public Comment-Title 5, California Code of Regulations Amendments

Dear ACSE Commission Members:

My name is \_\_\_\_\_ and I am a credentialed, board-certified music therapist (MT-BC) working in the greater \_\_\_\_\_ *(insert your primary regional area e.g. Sacramento, Los Angeles, San Diego, San Francisco-Bay area, northern/southern CA).*

I am writing to support your recent Initial Statement of Reasons and proposed regulatory amendments specific to special education and music therapy (Title 5, California Code of Regulations, Section 3065 (I) Staff Qualifications-Related Services (music therapy). Music therapy is an established research/evidenced-based profession that addresses goal areas typically looked at for children within the special education setting. Therefore, music therapy has been and continues to be a related service that district personnel may choose to meet the unique needs of children in their care. It is important then that regulatory language accurately reflect our profession. Your inclusion of this segment in your regulation revisions accurately defines a qualified music therapist and a NPA/NPS. Thank you for establishing quality assurance protections for both districts and students.

Signature items---Name, professional credentials, agency if appropriate

### **3-Email for Parents/Families/Guardians**

*Families---we are laying out an idea for you to work with in your narrative to the commission. We are not trying to put words in your mouth but we do want you to talk outcome specific and not just that you and your child like music therapy. This is very important. This email sample has been crafted to illustrate how you might want to proceed.*

**Subject Line:** Music Therapy-Public Comment-Title 5, California Code of Regulations Amendments

Dear ACSE Commission Members:

Our names are \_\_\_\_\_ or My name is \_\_\_\_\_ and I/we am a parent/guardian (s) of a child/son/daughter with special needs. His/her diagnosis and related matters are \_\_\_\_\_ **(Consider listing what those needs are and how they manifest themselves).** We have a music therapist as a member of our IEP related services team. The music therapy assessment and subsequent educational goals specifically target my child's communication, sensory and cognitive challenges. We also have support from other disciplines like OT and SLP. When music therapy was introduced into his/her/name treatment routine things really began to change. Music therapy strategies such as applied instrument play tasks have produced functional movement patterns and NAME can engage in personal self care tasks now. Receptive music techniques like music listening were tailored for him/her and have helped NAME attend for greater periods of time, regulate habitual patterns and develop coping skills when sensory experiences have overloaded his/her system. Our music therapist addressed his/her non-verbal/vocal goals with therapeutic singing tasks and caused him/her to purposefully vocalize for the first time and then move on to applying vocal volume and resonance in order to effectively communicate in his classroom. He/She/Name must make a range of decisions in his music therapy sessions as well. Things like managing and operating equipment, making choices and more. All of these things I/we have shared have generalized to his/her/name day to day classroom and home environment. His/her other therapy staff have now adapted his/her/name goals because of the achievements he/she has made in music therapy. Very efficient for our school staff and of course cost effective for our district.

Everyone can benefit from music therapy no doubt, but there are children throughout our state that require it to meet their educational goals. My child is one of those. We support any regulatory language that would protect and insure access to music therapy services when necessary. I/we are aware of your recent amendment language to the NPA/NPS Staff Qualifications-Related Services language. Our music therapist would fall under these regulations and I understand most of those serving throughout the state would as well. I am writing to support your specific mention of music therapy and a qualified provider in your Title 5 amendment revisions--Section 3065 (I). Thank you.

Signature items---Name etc.

### **4-Email for Associated Professionals (e.g., SLP, OT, PT, Doctors, Social Workers, Psychologists)**

*Associated Professionals...we do not want to put words in your mouth either. We want you to share your specific reasons why Music Therapy is important to you in your work and how you see it relating to your students or the people you know receiving special education music therapy services.. In turn, why you feel it needs protection based on all the background*

information we have already shared. Our sample email is merely a springboard for you to work from. We do ask that whatever you share in your email that you share educational/outcome driven in your statements. Its possible you do not work in Special Education...that is fine. Simply tailor your experience with what would need to be globally addressed.

**Subject Line:** Music Therapy-Public Comment-Title 5, California Code of Regulations Amendments

Dear ACSE Commission Members:

My name is \_\_\_\_\_ and I am a \_\_\_\_\_ (name your occupation and credentials as needed) working in the greater \_\_\_\_\_ (insert your primary regional area e.g. Sacramento, Los Angeles, San Diego, San Francisco-Bay area, northern/southern CA). I have worked (pick what applies).....side by side, on a IEP team, collaboratively, in co- treatment with music therapists in the \_\_\_\_\_ (name setting and/or conditions). I have found the Board Certified Music Therapy colleagues to be an invaluable member of our (treatment, educational) team. They have been able to not only reach but produce educational outcomes for students in most instances where other disciplines could not. Add anything else you think is pertinent. Music therapy is an established research/evidenced-based profession that addresses goal areas typically looked at for children within the special education setting. This is why it continues to be a related service that district personnel may call upon to meet the unique needs of its students. I feel strongly that music therapy deserves regulatory protection in the education code for special education and your additions to the NPA/NPS providers of related services will do just that. Please proceed with the inclusion of your amendment language regarding music therapy housed in **Title 5, California Code of Regulations, Section 3065 (I) Staff Qualifications-Related Services (music therapy).**

Signature items---Name, professional credentials, agency if appropriate

#### **5-Email Sample for General Public Supporters/Electorate**

**Subject Line:** Music Therapy-Public Comment-Title 5, California Code of Regulations Amendments

Dear ACSE Commission Members:

My name is \_\_\_\_\_ and I am concerned citizen and consumer of health and educational services (edit your id info as needed). I am aware of your efforts to revise Title 5, California Code of Regulations, specifically Special Education. You have put forth clear and concise reasons for these amendments. **I am specifically writing to add my support for the inclusion of music therapy providers in your NPA/NPS staff qualifications, Section 3065(I).** Music therapy has a long standing history throughout the US and CA as a related service in special education. It continues to be a therapeutic modality that districts can call upon to address the sensory, cognitive and communication needs of its special education students. You are wise and I support your upgrade and student protection language that lists qualified music therapy providers in your staff qualifications for related services listing.

Signature items---Name, professional credentials, agency if appropriate

Rural and City Schools

+

Music Therapy

=

MT Business in North Dakota

Music Therapy in Motion, LLC

Grand Forks & Fargo ND

Emily J. Wangen, MT-BC/L

# Educating the Public:

- ◉ Educating the Special Ed Director
- ◉ Making point of contact with coordinator
- ◉ Speaking at parent groups
- ◉ Buddy Walks
- ◉ Autism Walks
- ◉ Support groups



# Referrals

- Educating Director, Coordinators, Teachers
  - > how to make referrals
  - > who is appropriate for MT.
- MT is NOT a FREE for ALL.
- MT is for students who can not be included into the reg ed music classroom due to various reasons.
- Phone and email referrals.
- Assess student to see if group or individual MT would be appropriate.

# MT as Enrichment

- GF and FPS (18 and 24 schools), serve approximately 250 students a week.
- Assessment is done in group format.
  - > Request IEP's
- Documentation is generalized on communication, socialization, gross/fine motor, and appropriate school behavior.
  - > Plus/Minus Graphs, Quick and Legit.
- Progress is reported as requested by teachers.
- MT is NOT listed as a related service in this regard, however is listed under accommodations and reads "Music Therapy services will be provided as resources are available."
- MT funds are budgeted out of the IDEA funds for MT.

# MT as a Related Service

- Referral
  - > Parent
  - > Case Manager
  - > Special Ed Coordinator
- Assessment
  - > SEMTAP
- Individual/Group or Both
- Weekly Sessions
- Documentation on IEP Goals
- MT Attends IEP or submits IEP progress report
- MT advocates for student for school/ ESY
- Contract to district for certain hour of service, drive time and mileage.

# Consulting

- ◉ Consult to rural schools for individual students
- ◉ Run SEMTAP
- ◉ Develop plan and Documentation
- ◉ Train Staff to execute MT session per request of MT.
- ◉ Communicate with staff regarding progress, adjust interventions as needed.
- ◉ MT writes progress report and attend IEP meeting

# Staff Development

- How does music affect students in general?
- How to engage special learners through music making or listening.
- Thinking outside of the box.
- Have teachers create a group musical experience during presentation.
- Create Make and Takes.
- Advocate for MT and demonstrate when a referral is necessary.
- EDUCATE: WHAT IS MT and What is NOT MT!

# \$\$\$\$\$\$\$\$ FUNDING \$\$\$\$\$\$\$\$\$\$

## ◎ HOW TO GET PAID?

### ◎ GRANTS

- > Community
- > Educational

- Contact Schools: Educate and tell them you want to help start a MT program and you are willing to do the legwork.

### ◎ HOW MUCH TO CHARGE?

- > Look in AMTA source book or check your community for rates

### ◎ CONTRACT or EMPLOY?

- > Depends on the situation: I contract because we are a for profit private practice with employees. We like FLEXABILITY and working with various populations.



# \$\$\$\$ Continued....

- ◎ CONSULTING
- ◎ SEMTAPS
- ◎ STAFF DEVELOPMENT
- ◎ TIME IS MONEY & YOU ARE WORTH IT!
- ◎ ADVOCATING IS FREE = \$ Later
  - > Walks, Booths, Support Groups
- ◎ EDUCATING IS FREE = \$ Later
  - > Public Speaking, GET OUT AND SPREAD THE WORD!

# Policies and Procedures

- ◉ Different for each school district
- ◉ Ask for Employee handbook, even if you are a contractor
- ◉ Try to meet administration, coordinators and know who to call.

I work from IDEA part B

I am working on being more present in IDEA Part C.

# FULFILLING THE PROMISE OF IDEA

## Making Music Therapy Happen in Public Education – Making the Connection

**Minda Gordon, MT-BC**

American Music Therapy  
Association  
2015 Annual Conference  
Thursday, November 12, 2015  
7:30 am to 12:30 pm

# Funding through a secondary source

- Find an established funding organization-
- Make the connection - Network!
- Advocate the need - Why is your program important
- Substantiate the value-What outcomes do you expect? Cite research to back expectations
- Develop a time-line

# Find an established organization

- Google organizations in your area
  - Research
  - Arts centers, cultural centers, community foundations, community philanthropists

# Make the connection

- Make “the” call to the program director or outreach coordinator
- Arrange to meet in person
- At the meeting, share stories of success, pictures and video clips.
- Follow up with e-mail attaching resume
- Arrange site visit



# Advocate the need

- Need for the organization-How will your partnership help their organization meet their their goals?
  - ▣ Fulfills mission statement and 501(c) 3 status
  - ▣ Adds value to their organization by helping the underserved
  - ▣ Increases membership and other funding opportunities
  - ▣ Increases organization's exposure in the community

# Substantiate the value

- Prove the power of music therapy
- Include statistics of the mental, physical and emotional impact on the participants
- Discuss the community benefits
  - ▣ i.e. accessibility barriers

# Individual funding as a music therapist

- Grant sites
  - [www.cof.org](http://www.cof.org) – National site for local community foundations
  - [www.nasaa-arts.org](http://www.nasaa-arts.org) – National arts agencies (LAA)
  - [www.nea.gov/Grants/index.html](http://www.nea.gov/Grants/index.html) - National Endowment for the Arts
  - [www.foundationcenter.org](http://www.foundationcenter.org) – Cleveland Ohio – grant library
  - [www.cpacbiz.org](http://www.cpacbiz.org) – Ohio based. Creative workshop fellowship( \$20,000)

# Getting started

- Goals
- Objectives
- Outcomes
- Activities
- Time-line
- Budget outline
- Support materials: DVDs, CDs, press releases, letters of support.

# Maintaining Grant Funding

- READ FINE PRINT
- Document successes and challenges
- Keep a record of your expenditures
- Take pictures, videos, recordings
- Make public appearances
- Send updates to sponsors
- Acknowledge you sponsors frequently
- Periodically evaluate your program

Goal and Priority (from prior list) To ensure every child with special needs is provided with music therapy at Cunningham Creek Elementary School.

	Actual/Proposed Outcome	Measures for your Outcome	Data Source
<b>2013-14</b>	<ol style="list-style-type: none"> <li>1. Improve opportunities for students to engage in music therapy based interventions to improve learning outcomes.</li> <li>2. Improve perception of the general public regarding the abilities of students with special needs.</li> <li>3. Improve opportunities for students to receive 1:1 interaction to address individual needs.</li> <li>4. Implement technology to further increase student success.</li> <li>5. Purchase necessary technology.</li> </ol>	<ol style="list-style-type: none"> <li>1. Monitor the number of opportunities for student contact in music therapy.</li> <li>2. Monitor the number of out of school performances by students.</li> <li>3. Monitor the number of 1:1 interventions</li> <li>4. Monitor use of iPads during music therapy interventions</li> <li>5. Secured funding for purchase of iPad technology.</li> </ol>	<ol style="list-style-type: none"> <li>1. Music therapy scheduled groups.</li> <li>2. Data regarding out of school performances.</li> <li>3. Music therapy scheduled 1:1 interventions.</li> <li>4. Data regarding iPad use.</li> <li>5-6. iPads purchase.</li> </ol>



<p><b>2114-15</b></p>	<ol style="list-style-type: none"> <li>1. Improve opportunities for children with multiple disabilities to learn cognitive, emotional and physical skills</li> <li>2. Improve opportunities for children with multiple disabilities to learn cognitive, emotional and physical skills</li> <li>3. Develop targeted skills for children with significant learning deficits</li> <li>4. Implement music therapy curriculum with groups, individuals and in classrooms</li> <li>5. Purchase necessary equipment/supplies</li> </ol>	<ol style="list-style-type: none"> <li>1-3 are measured through progress made on student’s individualized goals.</li> <li>4. Music therapy curriculum is developed based on group and individual goals.</li> <li>5. Equipment and supplies purchased based on needs assessment of program</li> </ol>	<p>Assessment/progress report</p> <p>Curriculum is developed based on evidenced based practice documented in current music therapy research.</p> <p>Equipment and supplies are inventoried each year and purchased when best practice indicates need for specialized equipment.</p>
<p><b>2115-16</b></p>	<ol style="list-style-type: none"> <li>1.Improve opportunities for students with multiple disabilities to learn from a variety of modalities including piano, bell choir, and drumming.</li> <li>2.Improve opportunities for students to improve social skills through specially designed music therapy curriculum.</li> <li>3. Improve opportunities for teachers to learn music-based strategies to implement in their classrooms.</li> <li>4. Improve opportunities for parents to observe their student in therapy sessions.</li> <li>5. Purchase necessary music instruments to support bell choir and drumming interventions.</li> <li>6. Continue to monitor student success through progress monitoring of individual student goals.</li> <li>7. Increase number of contact hours from 300 to 400</li> </ol>	<ol style="list-style-type: none"> <li>1. Monitor use of drumming, piano and bell interventions utilized for student goal attainment.</li> <li>2. Monitor progress of student goals related to social skills.</li> <li>3. Survey teachers for music specific needs of their classrooms.</li> <li>4. Send invitations to parents each semester encouraging observation during music therapy.</li> <li>5. Inventory current instruments and purchase necessary bells, drums.</li> <li>6. Continue to take data on student progress.</li> <li>7. Secure funding to increase music therapist teaching hours from 32 to 40 hours a week.</li> </ol>	<ol style="list-style-type: none"> <li>1. Take data on use of piano/bell/drum interventions</li> <li>2. Student assessment/progress reports.</li> <li>3. Teacher survey</li> <li>4. Keep data regarding parent observation of sessions.</li> <li>5. Inventory of equipment</li> <li>6. Student assessment/progress reports.</li> <li>7. Keep data on additional students added into the program.</li> </ol>

Objectives should be S.M.A.R.T.—Smart, Measurable, Attainable, Results-Oriented and Targeted by Date

HOW MUCH DID WE DO? Music Therapy services at CCE provide approximately 300 contacts a week for approximately 100 students. Students received services in small groups, classroom groups and individualized sessions.

HOW WELL DID WE DO IT? Student goals indicate that all students are progressing or reaching their individualized goals. Students have made improvements in their ability to follow directions, work with peers to complete a task, maintain their focus of attention for a thirty minute group, imitate both movement and sound and express their emotions at an age appropriate level. Students have improved their speech and language skills through the use of singing and rhythmic activities, which has impacted their goal attainment in goals in other therapy areas. Improvement in these areas, have impacted student progress in the classroom.

IS ANYONE BETTER OFF? Yes, in one case, a student who makes repetitive sounds and noises, which impacted the classroom environment and that student's ability to have a calm body, was found to respond positively to music. Using evidence based practice, a music listening program was implemented in the classroom which decreased the amount of sound and noises that this student produced. This intervention is being used in the classroom to help maintain a calmer environment. The intervention has also been successful when the teacher needs to work with or test the student, by helping him decrease both sound and movement so he can more fully attend to learning and testing tasks.

In another case, a student who is deaf and has attentional issues, was taught, using evidence based practice, to feel the vibration of the guitar or Bluetooth speaker to experience music. Prior to the intervention, the student did not sit in group or attend, and after much work using the intervention, the student independently places his hands on the guitar to feel the music and is able to sit for 15-20 minutes in a music group, experiencing music through the vibration of either the guitar or Bluetooth speaker. He has improved his ability to sit and remain in a group experience.

Finally, the music therapist is working in conjunction with PT, to use live music to help a girl with cerebral palsy maintain a steady gait while walking. Evidence-based practice suggests that live music, with tempo and rhythm tailored to meet the client's needs can improve a client's steady gait. Although early in this intervention, the student is seeing success, and is much more motivated to participate in her gait training activities and appears to be increasing her walking distance.

Outcomes Measurement Grid – Approved for Distribution 2015



August 10, 2015

Dear Parents,

We are pleased to inform you that music therapy will be available again this year through funding from the Cultural Center at Ponte Vedra Beach.

Minda Gordon, MT-BC will continue to provide this service to our students. In her tenth school year of service to CCE, Mrs. Gordon has been a board certified music therapist for 29 years. Music therapy is the use of music and music related activities to work on non-music goals such as communication, social skills, cognitive function, motor skills, and emotional management and expression. Children in our music therapy program sing, play instruments, perform, compose and do movement specifically designed to help students progress in their specific non-music goal areas. Please browse the brochure about music therapy to further learn about music therapy and its' benefit to children with special needs.

Your child's class will participate in music therapy as a group. Mrs. Gordon will further evaluate students to participate in small group sessions or individual sessions. Parents will be notified regarding services offered to their students. We would appreciate your permission to allow Mrs. Gordon to assess your child's needs and provide services throughout the school year. This assessment will include classroom observation, individual music therapy assessment as well as information sharing with the classroom teachers. Also, please fill out the parent information sheet provided with this letter to help Mrs. Gordon further understand your student's needs. Please sign the attached form and return it to your child's teacher. You may email Mrs. Gordon directly with any questions at [gordonm3@stjohns.k12.fl.us](mailto:gordonm3@stjohns.k12.fl.us). Mrs. Gordon is always available to discuss your child's needs and progress in the music therapy program. Please feel free to make an appointment to discuss your child's progress at any time during the school year.

As a grant funded program, it is critical that we continue to strengthen the program. The Cultural Center at Ponte Vedra Beach appreciates input from parents that can be shared with our grantors which helps justify continued funding. Please feel free to contact me at [Lrodante@ccpvb.org](mailto:Lrodante@ccpvb.org) with comments and input we might use when requesting funding. Also, please read and sign the Waiver of Liability attached which allows us to share anonymous information about our students in our efforts to secure continued funding. We will never share your child's name or identifying information with anyone.

I look forward to another successful year at CCE!

Sincerely,

Leigh Rodante, Program Director  
The Cultural Center at Ponte Vedra Beach

## Consent to Participate in Music Therapy

I give permission for my child \_\_\_\_\_ to participate in the music therapy program at Cunningham Creek Elementary. I understand that the music therapist will evaluate my child, and I will receive periodic updates regarding my child's progress. I also give the music therapist permission to access my child's student records for the purpose of evaluation, planning and goal setting.

\_\_\_\_\_  
Parent or Guardian

\_\_\_\_\_  
Date

### **WAIVER OF LIABILITY** **Consent to Allow Information Sharing**

On the request of Minda Gordon, MT-BC, Music Therapist, I agree to allow anonymous information about my child's participation and progress in music therapy, pictures and videos to be shared for educational purposes, professional publication and with the funding sources for this program. I understand that identifying information will not be used in conjunction with this sharing.

As such, I hereby agree to hold Cunningham Creek Elementary, The Cultural Center at Ponte Vedra Beach and Minda Gordon, MT-BC free and harmless from any and all liability that stems from the sharing of this information.

I understand that the sharing of program related information is being carried out with my consent to the above named person, and so assume all responsibility.

\_\_\_\_\_  
Child's Name

\_\_\_\_\_  
Parent or Guardian

\_\_\_\_\_  
Date

Music Therapy Parent Information Questionnaire

Child's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Person Filling out Information \_\_\_\_\_ Relationship \_\_\_\_\_

Phone Number \_\_\_\_\_ Email address \_\_\_\_\_

Child's Diagnosis \_\_\_\_\_

Has your child previously participated in music therapy?

What is your child's favorite type of music?

What is your child's favorite song?

What is your child's least preferred music?

What motivates your child? What rewards does he respond to the most?

How does your child respond to music? Please circle all that apply

**Sings Dances Moves Smiles Increase his attention Interacts more with others**  
**Does not show any response Does not like to be around music**  
**Is sensitive to loud sounds Covers ears**

How does your child communicate best? Circle all that applies.

**Verbal Sign language augmentative communication device gestures**

What are your child's greatest strengths?

What are your child's greatest challenges?

What areas of your child's development concerns you the most?

Please describe sensory challenges your child may have.

Important things you want the music therapist to know:

August 10, 2015

Dear Parents,

Welcome to the 2015-2016 school year and music therapy services. Once again, the Cultural Center at Ponte Vedra Beach has secured grant funding to provide music therapy to Cunningham Creek Elementary ESE students for 32 hours per week. I am contracted through CCPVB to provide these services. I received my music therapy training at the University of Georgia, and I am board certified through the Certification Board for Music Therapists. I have been in practice for 29 years. This marks the 10th school year of funding for this program under the outreach umbrella of the Cultural Center at Ponte Vedra Beach.

Located in Ponte Vedra Beach, The Cultural Center at Ponte Vedra Beach is a non-profit arts organization that strives to bring quality art experiences to Ponte Vedra Beach and St. Johns County. They offer many classes in art, dance and music for both children and adults. They also provide affordable quality camps during the summer and school breaks for children. Other activities include art gallery exhibits that feature local artists, and celebrations such as the New Years Eve Balloon Drop for children. Part of the mission of The Cultural Center at Ponte Vedra Beach is outreach programming in the arts for underserved populations. Central in this mission is the program at CCE. Leigh Rodante, Program Director at CCPVB, writes grants and seeks other funding sources to provide this program to CCE. Funding sources include The Woodcock Foundation for the Appreciation of the Arts and The United Way of North East Florida. To learn more about art exhibits, classes, membership at CCPVB, or to support their mission, please go to their website at [www.ccpvb.org](http://www.ccpvb.org) or call 280-0614.

During the next few weeks, I will be evaluating students, forming small groups and setting up individual sessions. Please fill out the paperwork supplied with this packet to help me understand the needs of your child. All of our students will receive music therapy with their classroom group. Students will be placed in small groups or 1:1 sessions based on their specific needs. While some students will be best served with their classroom group only, other students will receive smaller group or 1:1 services to better address their needs. I will provide you with ongoing updates regarding your child's progress.

Thank you for the opportunity to work with your child. I am looking forward to a wonderful school year at CCE. My door is always open, and I can be reached at [gordonm3@stjohns.k12.fl.us](mailto:gordonm3@stjohns.k12.fl.us).

Sincerely,

Minda Gordon, MT-BC  
Board Certified Music Therapist  
Cunningham Creek Elementary/The Cultural Center at Ponte Vedra Beach



[www.RaisingHarmony.com/idea2015](http://www.RaisingHarmony.com/idea2015)

# Fulfilling the Promise of IDEA

Making Music Therapy Happen  
in Public Education

**Elizabeth K. Schwartz, LCAT MT-BC**  
**Minda Gordon, MT-BC**  
**Meredith Pizzi, MT-BC**  
**Emily Wangen, MT-BC/L**

American Music Therapy  
Association  
2015 Annual Conference  
Thursday, November 12, 2015  
7:30 am to 12:30 pm

**AMTA  
CBMT  
STATE TASK FORCE**

**HOW CAN I MAKE  
IT HAPPEN?**

**HOW CAN WE MAKE IT  
HAPPEN?**

# Advocacy

- Know and understand laws and regulations
- Maintain electronic and hard copies of supporting documents
- Research key administrative, regulatory and legislative players
- Create an advocacy plan
- Identify issues for discussion and decision
- Contact, call, visit
- Follow up

# Understanding the Educational System

0 People

0 Mission

0 Money

0 Laws

Elizabeth K. Schwartz LCAT  
MT-BC  
Elizabeth@RaisingHarmony.com

# Finding Common Ground through Shared Purpose

- 0 Educational partners support a similar mission.
- 0 Educational partners focus first on the needs of the student.
- 0 Educational partners collaborate on supporting the student.
- 0 Educational partners cooperate, create opportunities and accept compromises



# ***Educational Mission***

- 0 *United States Department of Education:* to promote student achievement and preparation for global competitiveness by fostering educational excellence and ensuring equal access. ([www.ed.gov](http://www.ed.gov))

# *Educational Mission*

- 0 *State Department of Education:* To raise the knowledge, skill and opportunity of all the people in New York. ([www.nysed.gov](http://www.nysed.gov))



# *Educational Mission*

- *Local Educational Agency:* to provide students with the academic and social opportunities that will enable them to become productive and responsible individuals in our society.  
([www.mtsinai.ny.us](http://www.mtsinai.ny.us))

# *Educational Mission*

0 *Music Therapist:* (to) address physical, emotional, cognitive, and social needs of individuals of all ages. Music therapy improves the quality of life for persons who are well and meets the needs of children and adults with disabilities or illnesses. ([www.musictherapy.org](http://www.musictherapy.org))

# *Funding*

- 0 What agency pays for the student's education?
- 0 What laws and regulations does that agency have to follow?

# *Laws*

- What laws govern special education services?
- What regulations govern special education services?
- What are the accepted, common practices which govern special education?
- What agencies or organizations have influence over law and regulation that apply to special education?

# Learn about and understand mission and goals of educational partner

- Web sites
- Printed material
  - Surveys
- Ask questions
  - Listen

# Understand who you will be speaking with

- 0 Get names and titles
- 0 Know the role they play in the educational setting

# Detail how your service fits the setting

- 0 Identify the type of service you provide
- 0 Identify which students benefit from your service



# Specify your credentials, education and experience

- 0 Indicate music therapy credentials
- 0 Discuss music therapy education and training
- 0 Outline depth of experience

# Describe how music therapy works

- Identify targeted music therapy goal areas
- Describe interventions and strategies
- Point out connections between music therapy interventions and non-musical goals
- Distinguish between music therapy and music education
- Give details about expected outcomes

# Tell a story

- Illustrate what a typical session would look and sound like
- Provide a picture of the music therapy interaction
- Depict a moment that has emotional meaning
- Explain the impact of music therapy on the child's progress
- Connect the child's responses to responses with family or in class setting

# Demonstrate music therapy

- 0 Present video or audio samples of sessions
- 0 Use still pictures with live music
- 0 Experiential exercises

# Provide evidence of effectiveness

- Supply research that supports your practice
- Present documentation of successful outcomes
- Give resource guides for further information
- Refer to sources outside of music therapy
- Present sample documentation

# Refer to appropriate laws and regulations

- 0 Cite relevant educational law supporting music therapy practice
- 0 Know regulatory details that govern music therapy practice
- 0 Know occupational regulations pertinent to music therapy

# Clarify again how music therapy supports mission and goal of educational setting

- 0 Multi-model learning
- 0 Success oriented
- 0 Efficient
- 0 Research based
- 0 Motivating to students
- 0 Accessible to parents and community



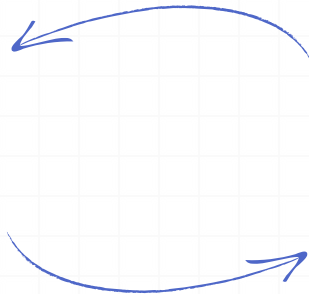
# Music Therapy

Music Therapy is...

- 0 Evidence based
- 0 Purposeful
- 0 Individualized
- 0 Systematic
- 0 Motivating

Music Therapy is  
not...

- 0 Activity based
- 0 Prescriptive
- 0 Curricular
- 0 Random
- 0 Magic



**Power Point & Handouts**



**[www.RaisingHarmony.com/idea2015](http://www.RaisingHarmony.com/idea2015)**

**Course Evaluation**



**[Bit.ly/amtaCMTEeval](http://Bit.ly/amtaCMTEeval)**

# Questions? Suggestions?

0 **Thank you!**

## **Contact**

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